

Student Jordan Barr ensures access to Be Safe mobile app in Northeastern Ontario

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The Be Safe mobile app connects youth with local and province-wide mental health and addiction resources at the click of a button and has expanded into [12 new regions across Ontario](#). This free mobile app now connects youth with local and province-wide mental health and addiction resources at the click of a button.

Included in the list of regions now able to access the app is Greater Sudbury, Manitoulin Island, and Chapleau. CAMH's [Provincial System Support Program \(PSSP\)](#) in the Northeast has been supporting the work of the Sudbury-Manitoulin Service Collaborative over the past two years as part of the [System Improvement through Service Collaboratives](#) initiative. Focused on improving mental health and addiction services for transitional aged youth in these regions, the team saw an opportunity to team up with [mindyourmind](#) and the Be Safe mobile app.

Vital to the implementation of Be Safe in these Northeastern regions has been **Jordan Barr, a Health Sciences North Summer Engagement Student**.

Jordan has played a pivotal role in promoting Be Safe across the Sudbury-Manitoulin region. Over the summer Jordan presented to over 370 youth, visited seven schools, and ensured that post-secondary students also have access to the app through 'Frosh Week' kits at Laurentian University.

In addition, he presented to approximately 500 service providers from a variety of sectors including primary care, education, health, justice, and child services. He also reached out to the LGBTIQ, FNIM, and Francophone communities.

Most of the presentation feedback revealed that the service providers plan to promote Be Safe as a useful resource for youth.

The Northeast CAMH staff are proudest of Jordan's two local radio interviews promoting the Be Safe app. [Listen to his CBC Radio Morning North interview here](#).

Jordan returns to London, Ontario in September to finish his undergraduate degree at the University of Western Ontario. Join us in wishing him the best of luck and thanking him for the work he's done to ensure youth have equal access to mental health and addiction resources.

The latest version of the Be Safe app is available (free) for immediate download for Apple or Android devices from [mindyourmind's Be Safe webpage](#).

